

Restrictive Practices — Overview

Plain-language information for participants and families

What are restrictive practices?

Practices that restrict the rights or freedom of movement of a person with disability, used in limited circumstances as a last resort to manage risk of harm.

Key principles

- Least restrictive option for the shortest time
- Authorisation and documentation as required by law
- Behaviour support planning by qualified practitioners where required
- Regular review with the goal of reduction and elimination
- Dignity and human rights at the centre

CCG position

We follow NDIS Commission rules and NSW requirements. Unauthorised restrictive practices are not acceptable. Families will be informed and involved as appropriate.

This document is a plain-language summary for participants, families and staff. It is not legal advice and does not replace official NDIS Commission, Commonwealth or NSW legislation. Always refer to the latest official sources.